

UNITY **LIVE** SCHEDULE

FREE ONLINE WORKSHOPS AND CONTENT FOR YOUTH (AGES 12-29*)

ON ZOOM AND INSTAGRAM LIVE

MONDAY

MINDFUL MONDAYS

HOST: REDGE

3 PM

[Zoom Link](#)

Zoom ID: 794-785-562

INTRO TO BREAKING

HOST: CLINTON / ADRIAN

7 PM

[Zoom Link](#)

Zoom ID: 792-225-615

TUESDAY

INTRO TO BEATBOXING

HOST: SPARX

3 PM

[Zoom Link](#)

Zoom ID: 138-915-679

INTRO TO SPOKEN WORD

HOST: DAVID / REDGE

7 PM

[Zoom Link](#)

Zoom ID: 239-369-282

WEDNESDAY

LETTERING & HANDSTYLES

HOST: ADRIAN

3 PM

[Zoom Link](#)

Zoom ID: 172-281-912

STREET DANCE

HOST: CAT / MEL

7 PM

[Zoom Link](#)

Zoom ID: 619-654-345

THURSDAY

LIVE Q&A

FEAT. UNITY ARTISTS

3 PM

Instagram Live
[@unitycharity](#)

FRIDAY

INTRO TO EMCEEING

HOST: SWITCH B

3 PM

[Zoom Link](#)

Zoom ID: 951-040-708

INTERMEDIATE BREAKING

HOST: BOB / NICK

7 PM

[Zoom Link](#)

Zoom ID: 455-515-518

SATURDAY

INTRO TO DJING

HOST: ANDEL / ADRIAN

3 PM

[Zoom Link](#)

Zoom ID: 569-627-659